

Get your flu vaccine today!

It's not too late to get a flu shot.

Everyone 6 months of age and older needs to get a flu shot each year. We want to make sure you **stay physically healthy** and **protect yourself** even after having the flu shot.



Wash your hands often



Avoid close contact
with sick people



Cover your nose and
mouth with a tissue when
you sneeze or cough

Where Can I Get Vaccinated?

- 📍 Doctor offices and clinics
- 📍 Pharmacies (including most supermarket pharmacies)
- 📍 Your local health departments
- 📍 Urgent care clinics

We are here to help. If you have questions, please call Member Services at **1-800-656-8991**, TTY 711, 8 a.m. to 8 p.m., 7 days a week.

Health
CHOICE
GENERATIONS



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ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-656-8991 (TTY: 711).

Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hóló, koji' hódíłnih 1-800-656-8991 (TTY: 711)

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**HEALTH AND WELLNESS
OR PREVENTION INFORMATION**